

27 - 28 OCTOBER 2017
CONI OLYMPIC TRAINING CENTRE
FORMIA • ITALY

LORRAINE LAFRENIÈRE



Coaching Association of Canada CEO

DANNY KERRY



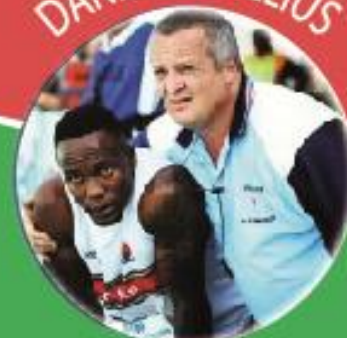
Coach to Olympic Gold Medal Team
GB Women's Hockey

MARTIN BINGISSER



Athletic Development & Conditioning

DANIE CORNELIUS



Coach to Luvo Manyonga
Olympic Long Jump Silver Medalist

2017 THEME: "REHAB • REBUILD • RETURN"

PRACTICAL WORKSHOPS: SPRINTS / HURDLES • JUMPS • THROWS • ENDURANCE • TEAM SPORTS

Venerdì 27 Ottobre

14.00	Terrazza REGISTRAZIONE	
15.30	Aula Magna APERTURA LAVORI	
16.00-17.00	Aula Magna Seminario 1	“20:20 Coaching Vision” Lorraine LAFRENIÈRE
17.00-18.00	Aula Magna Seminario 2	“Giving Ownership means accepting responsibility, not giving it away” Danny KERRY
18.00-18.30	Terrazza Pausa caffè	
18.30-19.30	Aula Magna Seminario 3	“Endurance In Crisis” Gunter LANGE

Women in Coaching
18.00-18.30
Introductions



Sabato 28 Ottobre

09.00 –10.00	Aula Magna Seminario 4		“Our Purpose is Functional Fitness” Martin BINGISSER		
10.30-12.30	Workshop UNDERSTANDING INJURIES IN PERFORMANCE SPORT Stephen Mutch	Sessione pratica SPRINTS & HURDLES Santiago Antunez & Filippo Di Mulo	Sessione pratica JUMPS Wolfgang Ritzdorf, Vitaly Petrov & Stefano Serranò	Sessione pratica THROWS Rene Sacks	Sessione pratica ENDURANCE Gunter Lange
13.00-14.00	Ristorante Pranzo				
15.00-16.00	Workshop BUILDING THE TEAM Danny KERRY	Sessione teorica SPRINT & HURDLES Santiago Antunez & Filippo Di Mulo	Sessione teorica JUMPS Wolfgang Ritzdorf, Vitaly Petrov & Stefano Serranò	Sessione teorica THROWS Werner Goldman, Francesco Angius & Sergio Bonvecchio	Sessione teorica ENDURANCE Gunter Lange, Antonio La Torre, Claudio Pannozzo & Patrizio Parcesepe
16.00-17.00	Sessione pratica FUNCTIONAL FITNESS Martin BINGISSER				
17.00-18.00	Aula Magna Seminario 5		“Rehab, Rebuild, Return” Prof. Claudio GALLOZZI & Vincenzo CANALI		
			Women's		

Women in Coaching
14.00-15.00
Review of the Day



Domenica 29 Ottobre

09.00 –10.00	Aula Magna Seminario 6	“Building the Bridge from Talented Junior-Winning Senior” Olivier BELLOC		
10.00-11.00	Aula Magna Seminario 7	“Adding Lustre to a Diamond” Danie CORNELIUS		
11.00-11.30	Terrazza Pausa caffè			
11.30-12.30	Sessioni finali	Sessione finale Understanding Injuries Stephen MUTCH	Sessione finale Strength Training Martin BINGISSER	Sessione finale Women in Coaching
12.30-13.30	Aula Magna	European Coaches’ Address Frank DICK		



Women in Coaching
11.30-12.30
Review of the Day