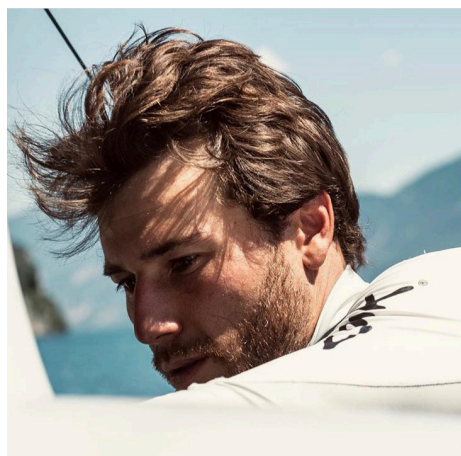


RUGGERO TITA

SAILOR



ME - 29 YEARS OLD

MY PASSION FOR SAILING STARTED AT A VERY YOUNG AGE.

BY THE AGE OF 12, I WAS ITALIAN, SWISS AND EUROPEAN CHAMPION IN THE OPTIMIST CLASS IN THE NATIONAL TEAM. AFTER THAT, I COMPETED IN THE 29ER CLASS, TAKING PART IN THE ISAF YOUTH WORLDS. I WAS 49ER ITALIAN CHAMPION MULTIPLE TIMES, AND WITH THIS BOAT I REPRESENTED ITALY AT THE RIO OLYMPIC GAMES IN 2016. AFTER THAT, I DECIDED TO EMBARK ON A NEW CHALLENGE ON THE NACRA 17 FULL FOILING, A BOAT THAT REPRESENTS THE ESSENCE OF MY NATURE AND OF MY EXPERIENCE. WITH THIS VERY BOAT, I WON THE WORLD CHAMPIONSHIP SINCE 2017, THREE EUROPEAN TITLES, THE 2018 WORLD CUP AND I WAS NOMINATED THREE TIMES AS SAILOR OF THE YEAR.

I WAS ALSO A MEMBER OF THE LUNA ROSSA TEAM IN THE AMERICAN'S CUP. WINNING THE KIEL WORLD CUP IN 2020 AND MY THIRD EUROPEAN TITLE, I OBTAINED THE PASS FOR TOKYO 2020 OLYMPIC GAMES WHERE I GAINED THE GOLD MEDAL WITH NACRA 17 FULL FOILING .

#	REGATTA
2021 NACRA 17 FOILING	
GOLD MEDAL	
TOKYO 2020 OLYMPIC GAMES	
2020 NACRA 17 FOILING	
1°	EUROPEAN CHAMPIONSHIP
1°	KIELER WOCHE
2020 MOTH	
3°	NATIONALS
2020 69F	
1°	REVOLUTION CUP
2019 NACRA 17 FOILING	
3°	WORLD CUP SERIES MARSEILLE
1°	OLYMPIC TEST EVENT READY STEADY TOKYO
3°	2020 WORLD CUP ENOSHIMA JAPAN
2018 NACRA 17 FOILING	
1°	SAILOR OF THE YEAR
1°	WORLD CHAMPIONSHIP
1°	EUROPEAN CHAMPIONSHIP
1°	WORLD CUP SERIES MARSEILLE
1°	WORLD CUP HYERES
1°	PRINCESA SOFIA TROPHY PALMA DE MAJORCA
1°	OLYMPIC CLASSES ITALIAN CHAMPIONSHIP
2017 NACRA 17 FOILING	
	SAILOR OF THE YEAR
3°	WORLD CHAMPIONSHIP
1°	EUROPEAN CHAMPIONSHIP
4°	SAILING WORLD CUP FINAL SANTANDER
2016 49ER	
14°	OLYMPIC GAMES
8°	ISAF WORLD CUP WEYMOUTH
10°	EUROPEAN CHAMPIONSHIP

PHYSIQUE DATA

HIGHT	175CM
WEIGHT	70KG
BODY FAT	10,5%
ROWING 2000M	7,05MIN
PULL UP	30

EDUCATION

GRADUATED
INFORMATION ENGINEERING
AND BUSINESS ORGANIZATION

LANGUAGES

ITALIAN - MOTHER TONGUE
ENGLISH - FLUENT , TECHNICAL
GERMAN - BASIC
SPANISH - BASIC

ATTITUDES

GOAL ORIENTED
RESOLUTE
RELIABLE
RESILIENT
DECISION MAKER

PASSION

FREERIDE SKIING
SKI MOUNTAINEERING
KITESURF
SNOW KITING
SNOWBOARDING
MTB AND DOWNHILL
SKYDIVING
STREET BIKE
PARAGLIDING

CONTACT

RUGGI@RUGGITITA.COM
TEL: 0039 3478769335

WEB SITE

WWW.RUGGITITA.COM

SOCIAL

FACEBOOK: RUGGERO TITA - TRENINO
SAILING
INSTAGRAM: @RUGGITITA
TWITTER: @RUGGITITA

9°	ISAF WORLD CUP MIAMI
----	-------------------------

2015 49ER

2°	WORLD YOUTH CHAMPIONSHIP
1°	EUROPEAN YOUTH CHAMPIONSHIP
16°	EUROPEAN CHAMPIONSHIP
1°	EUROSAF OLYMPIC WEEK

2014 49ER

2°	SAIL SIDNEY
8°	ISAF WORLD CUP MELBOURNE
13°	ISAF WORLD CUP PALMA DE MAJORCA

2013 49ER

3°	WORLD YOUTH CHAMPIONSHIP
	KITE BOARD RACING

2012 49ER

17°	EUROPEAN CHAMPIONSHIP
2°	EUROPEAN YOUTH CHAMPIONSHIP
1°	OLYMPIC CLASSES ITALIAN CHAMPIONSHIP

2011 49ER

1°	OLYMPIC CLASSES ITALIAN CHAMPIONSHIP
5°	MOTH ITALIAN CHAMPIONSHIP

2010 49ER

1°	OLYMPIC CLASSES ITALIAN CHAMPIONSHIP
----	---

2009 49ER

3°	OLYMPIC CLASSES ITALIAN CHAMPIONSHIP
----	---

2008 29ER

8°	ISAF YOUTH WORLD CHAMPIONSHIP
4°	EUROCUP CAVALAIRE
6°	EUROCUP KIEL
1°	NATIONAL REGATTA
1°	NATIONAL RANKING LIST SELECTION ISAF WORLD CHAMPIONSHIP