



Caterina Marianna Banti

SUMMARY

Seasoned professional with a distinguished career in Olympic sailing, holding multiple international titles, including two Olympic gold medals and four World Championships. Complemented by a robust academic background in Islamic Studies, Sport Management, and Public Affairs, with specialization in strategic communication, stakeholder engagement, and institutional relations. Experienced speaker and event ambassador. Demonstrates strong leadership, public speaking, teamwork, and cross-cultural competencies, alongside a deep commitment to equity, diversity, and inclusion. Fluent in several languages, including English, Arabic and French, and adept at navigating complex and high-performance environments.

EDUCATION

2025 – CONI – Rome, Italy

Olympic Management

Main Courses: Sport Law and Management; History of the Italian National Olympic Committee; Sport Economics and Management; HR Management and Sport Leadership; Sport Event Management and Communication; Sport Data Management and AI; Technology and Sustainability in the Sport Industry; Educational Role of Sport.

2024/2025 – Luiss Business School – Rome, Italy

Executive Master in **Lobby, Institutional Relations & Human Capital**

Major in **Public Affairs and External Relations**

Main Courses: Strategic Management; Corporate Communication; Economics and Lobbying; Sustainability, CSR and Stakeholder Engagement; Data Analytics and Marketing, Lobbying Strategy, Politics and Institutions; Communication and Political Marketing; Economic and Financial Communication; Journalistic Writing.

2013/2014 – L'Orientale University – Naples, Italy

Master's Degree in **Oriental Languages and Civilizations**

Main courses: Islamic Studies; Arabic Language and Literature; Modern Turkish Language and Literature; Ottoman Turkish; Semitic Philology.

Graduated with highest honors (110/110 cum laude)

2010/2011 – La Sapienza University – Rome, Italy

Bachelor's Degree in **History and Civilization of the Mediterranean**

Main courses: Islamic Studies; Arabic Language and Literature; Persian Language and Literature; History of Religions; History; Linguistics; History of Eastern Christianity.

Graduated with highest honors (110/110 cum laude)

WORK EXPERIENCE

2013 – 2024 – Circolo Canottieri Aniene – Rome, Italy

Sporting Club

Professional Athlete

- Competed in Olympic Sailing, mixed multihull Nacra 17, winning 2 Olympic gold medals (Tokyo 2020, Paris 2024), 4 World Championships and 4 European Championships
- Participated in national and international training programs and competitions, achieving significant podium finishes
- Led a high-performance Olympic team as Team Manager, contributing to consistent top-tier results

Since 2021 – DAO Sport – Rome, Italy

Sport, Marketing and Communication Company

Speaker & Event Ambassador

- Delivered motivational and strategic speeches focused on sports psychology and performance, for companies such as Alfa Laval, Banca Generali, Accenture, Banco BPM
- Represented companies in public events as a speaker and spokesperson (Events Ambassador)
- Engaged in sponsorship activities

2015 – 2017 – Rome, Italy

Sporting Club

Sailing Coach

- Provided sailing instruction to youth and amateur sailors
- Designed and implemented customized coaching programs

2014 – Carocci Editore – Rome, Italy

Publishing House

Translator

- Translation Alfred-Louis De Prémare, *Aux Origines du Coran* (2004) from French to Italian

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2009 –2013 – Osservatorio Mediterraneo – Italy

Online Magazine

Journalist and Translator

- Wrote and translated articles from Arabic to Italian, covering Tunisia's political, religious and social dynamics

2009 – Sicuring s.r.l. – Firenze, Italy

Safety and Engineering Company

Translator

- Translated workplace safety documents from Italian to Arabic

2008 – 2013 – Archivio 14 and Individual Lessons – Rome, Italy

Cultural Association

Teacher

- Taught Arabic to adult learners in both institutional and private settings

2007 – 2008– Bibli and Tiepolo – Rome, Italy

Restaurant

Waitress

- Provided table service in a high-volume restaurant

LANGUAGES

Italian – native speaker

English – fluent

Arabic – good

French – good

Spanish – basic

IT SKILLS

- Proficient in Microsoft Office Suite
- Experienced in managing Social Media Platforms (Instagram, LinkedIn, Facebook)

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Additional Information

Significant sports achievement:

- **2 × Olympic Gold Medals** – Sailing, Nacra 17: Tokyo 2021, Paris 2024
- **4 × World Champion** – Sailing, Nacra 17: 2018, 2022, 2023, 2024
- **1 × World Championship Bronze Medal** – Sailing, Nacra 17: 2017
- **4 × European Champion** – Sailing, Nacra 17: 2017, 2018, 2020, 2022
- **1 × European Championship Silver Medal** – Sailing, Nacra 17: 2023
- **2 × Italian Champion** – Sailing, Nacra 17: 2014, 2018
- **Multiple podium** at World Cups, World and European Championships, and National Events

Positions:

Since 2025 – Italian Sailing Federation

National Board Member

- Responsible for Olympic sector
- Equity, Diversity and Inclusion practices

Since 2025 – World Sailing

EDI Committee Member

- Equity, Diversity and Inclusion practices

Courses:

- Sailing Instructor's License III level, 2024
- Sport Management Course - SDA Bocconi School of Management, 2022

Language Certifications:

- IELTS (7.0/C1) – British Council, Rome, 2025
- Arabic Language Certificates I-VI levels (A1-C1) - Institut Bourguiba, Tunis, 2006-2012
- French Language Certificate (B2) - Alliance Francaise, Tunis, 2012
- Arabic Language Certificate (Advanced Level) - Islamic Cultural Center, Rome, 2008-2010
- Arabic Language Certificate (Beginner and Intermediate Levels) - ISIAO, Rome, 2004-2008

Summer School and international experiences:

- Institut Bourguiba, Tunis, Tunisia 2006-2012
- Au pair, York, UK and Erfurt, Germany, 2004-2005
- Field work, Ethiopia, 2004

Extracurricular experiences:

- Stage at *Editori Internazionali Riuniti* publishing house, 2014

Voluntary activities

- Scout (1995-2007)

Prizes and Awards:

- Named among *Forbes Italy's 100 Most Successful Women* - 2024
- *World Sailor of the Year* - 2024 and 2021 - World Sailing
- *Italian Sailor of the Year* - 2024, 2023, 2022, 2021, 2020, 2018, 2017 - Italian Sailing Federation
- *Gold Collar for Sporting Merit* - 2024, 2023, 2022, 2021, 2018 - CONI
- *Commander (Commendatore) of the Order of Merit of the Italian Republic*
- *Women Sport Award* - 2024 - Panathlon International
- *Women Sport Award* - 2019 - Tor Vergata University, Rome
- *Honorary Member*, Circolo Canottieri Aniene, Rome

Key Skills & Competencies:

- Leadership
- Planning and organization
- Public Speaking
- Performance-Driven Mindset
- Intercultural Communication
- Crisis Management
- Strategic Thinking
- Learning Agility
- Teamwork
- Sport Psychology
- Problem Solving
- Goal Setting