

ALESSIA ZECCHINI

APNEA WORLD CHAMPION
WORLD RECORD HOLDER

PROFILE

PHONE

EMAIL

WEBSITE

FACEBOOK

INSTAGRAM

TEAM Nuoto Belle Arti, Rome

CAREER

World Championship Medal Count



18



8



3



European Championship Medal Count



3



6



1

SOCIAL MEDIA



@alessia.zecchini
+376 K



@alessiazecchiniofficial
+91 K

STUDIES

Degree in Physical Education at "Foro Italico" University



High Specialization Master in Olympic Management CONI



Freediving Instructor - Master



Apnea Trainer FIPSAS-CMAS



POSITIONS HELD

President of Athletes Commission CMAS



Former Member of WADA Athlete Council



Member of the Italian National Athletes Committee - CONI



WORLD RECORDS

40

WORLD RECORD HOLDER

CONSTANT WEIGHT WITH MONOFIN (CWT)
-123 mt. | Philippines, 2023

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CONSTANT WEIGHT BIFINS (CWTB)
-113 mt. | Philippines, 2025

.....

FREE IMMERSION (FIM)
-104 mt. | Philippines, 2024

.....

JUMP BLUE (JB)
190 mt. | Ischia, 2015

.....

ITALIAN RECORD HOLDER

CONSTANT WEIGHT WITHOUT FINS (CNF)
-74 mt. | Long Island, 2021

.....

DYNAMIC WITHOUT FINS (DNF) - 25 mt.
193 mt. | Milazzo, 2019

.....

STATIC (STA)
6'40" | Cagliari, 2014

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ON TV & NEWS

<https://www.alessiazecchini.com/press/>

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SPOTLIGHT

<https://www.alessiazecchini.com/en/spotlight/>

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Italian Championship Medal Count



1

9



2

5



3

0

PRIZES AND AWARDS

GOLDEN COLLAR | CONI, 2018

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BEST ATHLETE OF THE YEAR
| CONI LAZIO, 2018

.....

GOLDEN MEDAL | CONI, 2017
CONI, 2015
CONI, 2013

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