

STEFANO D'OTTAVIO

- **Head of Sport Science and Performance Area of Women's Teams AS Roma and Physical Trainer first team since 2019 to date;**
- **Teacher Master Sciences degree in "Preventive Motor Activity and Adapted" University of Rome "Tor Vergata";**
- **Honor Teacher University of Rome "Tor Vergata";**
- **Teacher School of the Sport (Sport and Health) and CONI (Olympic Preparation sector-SNAC));**
- **Scientific Director of Luiss Sport Lab ASD "Luiss University";**
- **Scientific Director of company "1vs1" academy for football tools and methodological application ;**
- **Scientific Director of company "Metricup" for kinematic analysis through GPS system;**

Professional expertises

- **Performance Analysis, AMS Technology platforms, Training methodology and periodization, Functional assessment (Microgate, Vald etc.), GPS and Cardio evaluation systems, RTP (performance and play progression), Data report (statistics, training and match load index etc.); Knowledge international scientific literature up to date;**

Past professional activity with Teams and FIGC

- Head of Fitness training Italian National Team U23 Games of the Mediterranean 1997;
- Head of Fitness training of Italian National Team U21 to Football European championships 2000;
- Head of Fitness training of Italian Olympic National Team “Olimpic games” Sidney 2000;
- Head of Fitness training of FC Inter Milano Serie “A” 2000/01, US Livorno Serie “A” 2007–08, AS Ternana “Lega Pro” 2010–2011;
- Physical Conditioning Trainer of Women National Team of Soccer 2017–19 and France World Championship Women Football 2019;
- Head of Performance and the Physical Trainers of the Italian Women Football National Teams 2015–17;
- Head of Italian National Association FIGC for the training fitness of Referee Serie “A” e “B” 1989–2000;

Further past professional activity

- Technical Coordinator of FIGC Centre of youth players 1991– 1999;
- Director of University “Tor Vergata” – Rome Master 1nd level in “Theory and methodology of physical training of soccer”
- Director of University “Tor Vergata” – Rome Master 1nd level in “Theory and Methodology of the training and fitness”;
- Technical collaborator for studies and research (Women's national teams, Siena F.C.) with the K-Sport company, leader in the GPS international market;
- Teacher of the physical and conditioning training and technique of the Technical Sector of FIGC (Coverciano–Florence) and Youth and Scolastic Sector FIGC;
- Member of scientific technical work group for the selection and training of the Italian youth national teams;
- Head of the Technical area of the Youth Sector FIGC;
- Coordinator National Grassroots Committee Youth Sector FIGC;
- Member of the “Youth Section of the technical development” in the Technical Sector FIGC Coverciano (Florence);

Awards

- “Golden Chronometer” from FIGC technical sector as A.S. Roma first team Fitness Coach for the season 2023–24 Serie “A” women's championship;

Ideation and applied research projects

- Ideator of the "Play controller" Phromos (Pg) instrumentation for the kinematic study of the player's performance (serie "A" e "B" 1993-97);
- Ideator of some tools for coaching and training product by Company (Trial Forlì)

Cultural, professional and academic titles

- ISEF degree (physical education Institute);
- Specialization School of Sport CONI (Italian Olympic Committee) in "Science and Techniques of Football";
- 2nd level Master 2 Science degree in "Sciences and Technique of Sport";
- University Master in Methodology of the Sport Training (2° level);
- Professional FIGC (Italian Football Association) Physical Trainer;
- Full Professor and Scientific University Abilitation;
- Honorary Teacher University of Rome "Tor Vergata";
- Associate Professor University of Rome "Tor Vergata" Faculty of Medicine, Sport and Movement Sciences School;
- Teacher of Faculty of Medicine and Surgery of the University of "Tor Vergata" Rome in Bachelor Degree in Movement Sciences;
- Teacher of School of Specialization in Sport Medicine University of Rome "Tor Vergata";
- Director and Teacher Master Sciences degree in "Sciences and Technical of the Sport" University of Rome "Tor Vergata"
- Addressing Sport Science Coordinator Phd Doctorate Course on "Tissue engineering and remodeling biotechnologies for body function" Clinical Sciences and Translational Medicine Department of "Tor Vergata" University; 2018-2024
- Addressing Sport Science Coordinator Phd Doctorate Course on "Sport Sciences" Department of Medicine System "Tor Vergata" University; 2005-2006

Scientific production

- More of 70 scientific articles published on international specialized journals and magazines peer review with impact factor (IF) regarding football, team sport, physical conditioning, match and performance analysis, etc.;
- Over 250 articles written on Italian magazines and journals regarding football technical and physicals sport training and teaching subjects;
- Many books and videos including the current "Technical Guide of the Soccer

School” edited by Italian Football Federation FIGC;

- **Several posters and oral presentations at many scientific international congress**

